

# **SLOW DANCE**

Have you ever watched kids

on a Merry-go-round?

Or listened to the rain

Slapping on the ground?

Ever followed a butterfly's erratic flight?

Or gazed at the sun into the fading night?

You'd better slow down.

Don't dance too fast.

Time is short.

The music won't last.

---

Do you run through each day

On the fly?

When you ask "How are you?"

Do you hear the reply?

When the day is done

Do you lie in your bed

With the next hundred chores

Running through your head?

You'd better slow down.

Don't dance too fast.

Time is short.

The music won't last.

---

Ever told your child we will do it  
tomorrow?

And in your haste,  
Not see his sorrow?  
Ever lost touch,  
Let a good friendship die  
Cause you never had time  
To call and say "Hi"?  
You'd better slow down.  
Don't dance too fast.  
Time is short.  
The music won't last.

---

When you run so fast to get somewhere  
You miss half the fun of getting there.

When you worry and hurry through your  
day,

It is like an unopened gift ...

Thrown away.

Life is not a race.

Do take it slower

hear the music

before the song is over.