

# SHAMSHER PRAKASH FOUNDATION

[www.yoga10.org](http://www.yoga10.org)

## “And God Said No”

I asked God to take away my pride,  
and God said, "No."

He said it was not for Him to take  
away, but for me to give up.

I asked God to make my  
handicapped child whole and  
God said, "No."

He said her spirit is whole, her body  
is only temporary.

I asked God to grant me patience,  
and God said, "No."

He said that patience is a  
by-product of tribulation.  
It isn't granted, it's earned.

I asked God to give me happiness,  
and God said, "No."

He said he gives blessings,  
Happiness is up to me.

I asked God to spare me pain, and  
God said, "No."  
He said, "Suffering draws you apart  
from worldly cares and brings  
you closer to me."

I asked God to make my spirit grow,  
and God said, "No."  
He said I must grow on my own, but  
he will prune-me-to make  
me fruitful.

I asked God if he loved me, and God  
said. "Yes."  
He gave me His only Son who died  
for me, and I will be in Heaven  
some day because I believe.

I asked God to help me love others  
as much as he loves me, and  
God said,  
"Ah, finally, you have the idea."

□ By – Claudia Minden Weisz